

SUGGESTED BASIC NEED ITEMS TO GIVE TO PEOPLE PRACTICING PANHANDLING:

- New Socks
- Deodorant
- Wet Wipes
- Soap
- Hand Sanitizer
- Razors
- Jackets/Coats
- New Hats
- New Gloves
- New Underwear
- Water Bottles
- Prepackaged Snacks (chips, fruit, granola bars, crackers etc)
- Mints, cough drops, gum
- Toothbrush/Toothpaste
- Comb/small brush
- Chap stick
- Kleenex

The Dignity Project: distribute packs of female hygiene products such as sanitary pads, tampons, toothpaste and a toothbrush, a bar of soap, deodorant, and shampoo. Distribution is done by Jewish Family Services 333 Bloomfield Avenue, Suite A West Hartford, CT 06117
Tel (860) 236-1927 info@jfshartford.org

WEST HARTFORD FOOD RESOURCES

Breakfast

Universalist Church of West Hartford
Community Kitchen Fern Street Ministry
433 Fern Street, West Hartford, CT 06107
Tel (860) 233-3669

Every other Monday Morning they welcome the local community inside for a free hot and hearty breakfast.

Also, the Mobile Food Share truck outside for additional assistance/food.

Food Pantries

- Town of West Hartford Food Pantry West Hartford Social Services
50 South Main Street
Curbside pickup: Tuesday 3:30 PM -5:30 PM
Wednesday 9:00 AM-11:00 AM
Friday 10:00 AM -12: 00 PM

Tel. 860-561-7569 or 860-561-7580. These are non-perishable food items. Residents are eligible to use the food pantry once a month as needed. In order to use the food pantry, residents will need to provide a photo ID and a recent utility bill or piece of mail, showing a West Hartford address. Additional information such as income and household size, may also be required and can be discussed with a staff member

- St. Thomas the Apostle Church
872 Farmington Ave, West Hartford, CT 06119 (please come to the front door and ring the doorbell)
Tel. (860) 233-8269

The food pantry is open to all residents of Hartford County. Registering for the food pantry entails clients filling out a one-page form and showing a photo ID. People may come to the food pantry one time per week and must sign for their bag of food.

- Jewish Family Services- The Anja Rosenberg Kosher Food Pantry
333 Bloomfield Ave Street A, West Hartford, CT 06117
Tel (860) 236-1927, extension 7125
Curbside

Convenient contactless, curbside pick-up! To learn more about our scheduled distribution dates or for an application, you may or email her.

- Jesus La Fuente - House of Harvest
570 New Park Avenue West Hartford, CT 06110
Phone: 860-231-0239

- Mobile Food Share:

There are several locations in West Hartford where Foodshare's mobile food van, delivers fresh produce and other foods once a month. Time vary by location. Anyone is eligible to visit any location and only need to bring his/her own bags. ID is NOT required.

Mobile Foodshare around West Hartford 2020						
Town	West Hartford	West Hartford	West Hartford	Hartford	Hartford	Hartford
Name & Address	The Universalist Church 433 Fern Street	Congregation Beth Israel 701 Farmington Ave	Crossroads Plaza 740 North Main Street (Behind Big Y)	Hartford UMC 571 Farmington Ave	Cathedral of St. Joseph Back Parking Lot 809 Asylum Ave	Catholic Charities Asylum Hill Family Center 60 Gillett Street
Day	Every other Monday	Every four weeks on Friday	Every four weeks on Friday	Every other Monday	Every other Wednesday	Every other Friday
Time	8:45 – 9:15 A.M.	1:00-1:45 P.M.	1:00 – 1:45 P.M.	12:15-1:00 P.M	11:30AM-12:15 P.M	9:45 - 10:30 A.M
January	13, 27	17	3, 31	6, 20	15, 29	3, 17, 31
February	10, 24	14	28	3, 17	12, 26	14, 28
March	9, 23	13	27	2, 16, 30	11, 25	13, 27
April	6, 20	10	24	13, 27	8, 22	10, 24
May	4, 18	8	22	11	6, 20	8, 22
June	1, 15, 29	5	19	8, 22	3, 17	5, 19
July	13, 27	3, 31	17	6, 20	1, 15, 29	3, 17, 31
August	10, 24	28	14	3, 17, 31	12, 26	14, 28
September	21	25	11	14, 28	9, 23	11, 25
October	5, 19	23	9	12, 26	7, 21	9, 23
November	2, 16, 30	20	6	9, 23	4, 18	6, 20
December	14, 28	18	4	7, 21	2, 16, 30	4, 18

CLOTHING

- Jewish Family Services Tara's Closet
333 Bloomfield Avenue, Suite A West Hartford, CT 06117
Contact Patti Weiner at (860) 236-1927 x7129 to make an appointment.

Tara's Closet at Jewish Family Services distributes clothes to those in need and serves all people regardless of race, ethnicity, religion, national origin, disability, gender or sexual orientation. It is open seasonally by appointment and staffed by volunteers who will help JFS clients choose items for themselves and their families.

RESOURCES IN SURROUNDING TOWNS:

Soup Kitchens

- House of Bread, 1453 Main Street, Hartford, CT 06120
 - Breakfast & Lunch Monday through Friday 860-278-3561 x233
- Hartford Rescue Mission, 650 Windsor Street, Hartford, CT 06120
 - Serves an Evening Meal Mondays through Fridays 4:30 to 5:00 pm 860-241-0989
- East Hartford Interfaith Ministries Friendship Soup Kitchen, 837 Main Street, East Hartford, CT 06108.

- Serves a meal at 5 pm on Monday, Wednesday, and Friday 860-528-5605
- The Friendship Center at St. Elizabeth House, 118 Main Street, Hartford, CT
 - Open Tuesday through Saturday 8 am to 4 pm Breakfast served 8 am to 9 am and Lunch served 12 pm to 1 pm, also offers access to showers, laundry facilities, personal care items, health care, emergency food pantry, case management support services, and homelessness prevention services.

SHELTERS FOR HOMELESS

To have access to shelter, individuals need to have access to call 211, if a phone that does not accept dialing “211” or from out of Connecticut, dial 1-800-203-1234. The line is operating 24/7. Online: <http://www.211ct.org/>

MENTAL HEALTH RESOURCES

Connecticut Department of Mental Health and Addiction Services | Region 4

<https://portal.ct.gov/DMHAS/Programs-and-Services/Region-4/Region-4>

HELPLINES AND SUPPORT

*If you are experiencing a life-threatening medical emergency or fear for your safety, **call 911**. If you or someone you care about is experiencing a crisis, **call 211** for more help.*

National Suicide Prevention Lifeline: 1-800-273-8255 Trained crisis workers are available to talk 24 hours a day, 7 days a week. Your confidential and toll-free call goes to the nearest crisis center in the Lifeline national network. These centers provide crisis counseling and mental health referrals. Live web chat also available: suicidepreventionlifeline.org/chat

Nacional de Prevención del Suicidio: 1-888-628-9454

SAMHSA Treatment Referral Helpline: 1-877-726-4727 Get general information on mental health and locate treatment services in your area. Speak to a live person, Monday through Friday from 8 a.m. to 8 p.m. EST.

Substance Abuse Treatment Access Line: 1-800-563-4086 24/7 access line for addiction services information and referral.

Crisis Text Line for Youth: Text “LISTEN” to 741-741, or visit crisistextline.org for info.

Veterans Crisis Line: 1-800-273-8255 and Press 1 or Text 838255 for confidential support. Connects veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

Veteran’s Homeless Clinic: 860-666-6951, ext. 6466 or 203-907-6591

Connecticut Alliance to End Sexual Violence: 1-888-999-5545 A statewide coalition of individual sexual assault crisis programs. The Alliance works to end sexual violence through victim assistance, community education, and public policy advocacy.

National Domestic Violence Hotline: 1-800-656-4673 Call if you or someone you care about has or is experiencing domestic or relationship-based violence and needs support, advice, and connections to a safe place.

LGBT National Hotline: 888-843-4564

We provide a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, safer sex information, suicide, and more.

Alcoholics Anonymous: 1-866-783-7712

Narcotics Anonymous: 800-627-3543

<https://www.wheelerclinic.org/>