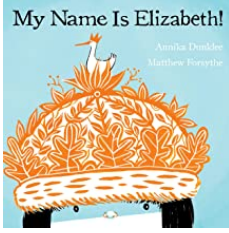
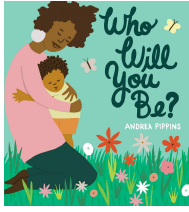
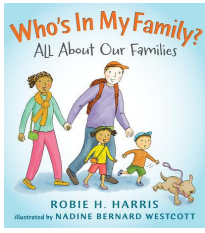
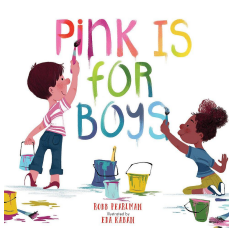
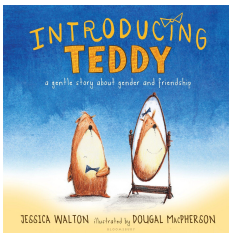
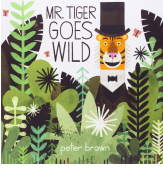

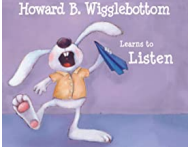
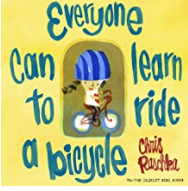
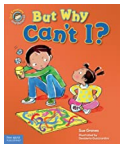


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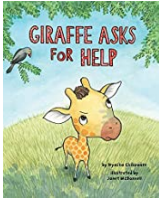
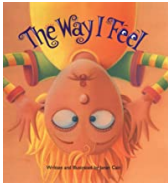
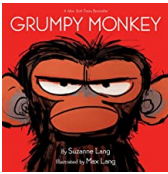



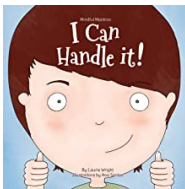
Kindergarten			
Social Justice Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
<p>IDENTITY I know and like who I am and can talk about my family and myself and name some of my group identities. (ID.K-2.1)</p> <p>I know that all my group identities are part of me—but that I am always ALL me. (ID.K-2.3)</p>	<p><u>My Name is Elizabeth!</u> by Annika Dunklee</p>		<p>Meet Elizabeth. She's got an excellent pet duck, a loving granddad and a first name that's just awesome. After all, she's got a queen named after her! So she's really not amused when people insist on using nicknames like Lizzy and Beth. She bears her frustration in silence until an otherwise ordinary autumn day, when she discovers her power to change things once and for all. In the process, Elizabeth learns about communication and respect --- and their roles in building better relationships with family and friends.</p>
	<p><u>Who Will You Be?</u> by Andrea Pippins</p>		<p>Here is a poignant picture book about how family and community help shape the wonderful people our children become. A mama wonders who her child will grow up to be. Will her little one be curious like Grandpa and adventurous like Auntie Amina? Compassionate like Amy and joyful like cousin Curlena? Moving from family members to the wider community, she muses about which attributes her child will possess.</p>
	<p><u>Who's in My Family?</u> by Robie H. Harris</p>		<p>Join Nellie and Gus and their family — plus all manner of other families — for a day at the zoo, where they see animal families galore! To top off their day, Nellie and Gus invite friends and relatives for a fun dinner at home. Accessible, humorous, and full of charming illustrations depicting families of many configurations, this engaging story interweaves conversations between the siblings and a matter-of-fact text, making it clear to every child that whoever makes up your family, it is perfectly normal — and totally wonderful.</p>
	<p><u>Pink is for Boys</u> by Robb Pearlman</p>		<p>Featuring a diverse group of relatable characters, <i>Pink is for Boys</i> invites and encourages girls and boys to enjoy what they love to do, whether it's racing cars and playing baseball, or loving unicorns and dressing up. Vibrant illustrations help children learn and identify the myriad colors that surround them every day, from the orange of a popsicle, to the green of a grassy field, all the way up to the wonder of a multicolored rainbow.</p>
	<p><u>Introducing Teddy...</u> by Jessica Walton</p>		<p>Errol and his teddy, Thomas, are best friends who do everything together. Whether it's riding a bike, playing in the tree house, having a tea party, or all of the above, every day holds something fun to do. One sunny day, Errol finds that Thomas is sad, even when they are playing in their favorite ways. Errol can't figure out why, until Thomas finally tells Errol what the teddy has been afraid to say: "In my heart, I've always known that I'm a girl teddy, not a boy teddy. I wish my name was Tilly, not Thomas." And Errol says, "I don't care if you're a girl teddy or a boy teddy! What matters is that you are my friend."</p>

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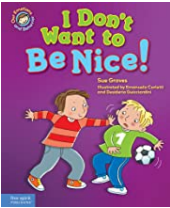
<p>DIVERSITY I like being around people who are like me and different from me, and I can be friendly to everyone. (DI.K - 2.6)</p>	<p><u>Let's Talk About Race</u> by Julius Lester</p>		<p>Author Julius Lester invites you into his book by writing, "I am a story. So are you." He discusses how each individual has many different elements to their story, from family, to name, to likes and dislikes, and race. He shares his own story as he explores what makes each of us special.</p>
<p>JUSTICE I know my friends have many identities, but they are always still just themselves. (JU.K-2.11)</p>	<p><u>Mr. Tiger Goes Wild</u> by Peter Brown</p>		<p>Are you bored with being so proper? Do you want to have more fun? Mr. Tiger knows exactly how you feel. So he decides to go wild. But does he go too far?</p>
<p>ACTION I care about those who are treated unfairly. (AC.K-2.16)</p> <p>I can and will do something when I see unfairness - this includes telling an adult. (AC.K-2.17)</p> <p>I will join with classmates to make our classroom fair for everyone. (AC.K-2.20)</p>	<p><u>Be Kind</u> by Pat Zietlow Miller</p>		<p>When Tanisha spills grape juice all over her new dress, her classmate wants to make her feel better, wondering: <i>What does it mean to be kind?</i> From asking the new girl to play to standing up for someone being bullied, this moving story explores what kindness is, and how any act, big or small, can make a difference—or at least help a friend.</p>

Second Step Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
Note: Titles listed below are used as needed to reinforce/revisit Second Step lesson objectives.			
Learning to Listen	<p><u>Howard Wigglebottom Learns to Listen</u> by Howard Binkow</p>		<p>Howard gets into a lot of trouble for not listening. When he becomes a better listener, his life improves dramatically.</p>
Focusing Attention	<p><u>Everyone Can Learn to Ride a Bicycle</u> by Chris Raschka</p>		<p>In this simple yet emotionally rich "guide," a father takes his daughter through all the steps in the process—from choosing the perfect bicycle to that triumphant first successful ride. Using very few words and lots of expressive pictures, here is a picture book that not only shows kids how to learn to ride, but captures what it <i>feels</i> like to fall . . . get up . . . fall again . . . and finally "by luck, grace, and determination" ride a bicycle!</p>
Following Directions	<p><u>But Why Can't I?</u> by Sue Graves</p>		<p>Children sometimes find it hard to follow rules. This encouraging book joins Noah and his babysitter, Jenny, who shows him how rules help keep people safe, healthy, and happy.</p>


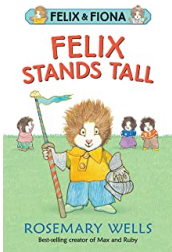
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Being Assertive	<u>Giraffe Asks for Help</u> by Nyasha Chikowore		Gary Giraffe is so excited to finally turn six—now he should be able to reach the acacia leaves all on his own! When things don't go exactly as he'd planned, Gary is distraught. He tries and tries to get to the leaves himself, but he's just not tall enough. The other giraffes can do it—why can't he? Gary doesn't want to have to ask for help, but his friends convince him that everyone needs help sometimes. And that's OK!
Feelings	<u>The Way I Feel</u> by Janan Cain		Illustrations and rhyming text portray children experiencing a range of emotions, including frustration, shyness, jealousy, and pride. Feelings are neither good nor bad, they simply are. Kids need words to name their feelings, just as they need words to name food, clothes, toys, people, etc. Strong, colorful, and expressive images go along with the verses to help children connect the word and the emotion.
More Feelings	<u>Grumpy Monkey</u> by Suzanne Lang		Jim the chimpanzee is in a terrible mood for no good reason. His friends can't understand it--how can he be in a bad mood when it's SUCH a beautiful day? They have lots of suggestions for how to make him feel better. But Jim can't take all the advice...and has a BIT of a meltdown. Could it be that he just needs a day to feel grumpy?
Identifying Anger	<u>When I Feel Frustrated</u> by Michael Gordon		<i>Do your kids get frustrated often?</i> All of us feel frustrated sometimes--and our children are no different. Frustration is a part of life. It's annoying and it's hard, but we must be prepared to deal with it. <i>When I Feel Frustrated</i> , helps young children who are just beginning to recognize and identify their emotions understand how frustration & anger feel and affect them.
Accidents	<u>It's Okay to Make Mistakes</u> by Todd Parr		Todd Parr's bestselling books have reminded kids to embrace differences, to be thankful, to love one another, and to be themselves. <i>It's Okay to Make Mistakes</i> embraces life's happy accidents, the mistakes and mess-ups that can lead to self discovery. Todd Parr brings a timely theme to life with his signature bold, kid-friendly illustrations and a passion for making readers feel good about themselves, encouraging them to try new things, experiment, and dare to explore new paths.
Caring and Helping	<u>A Little Spot of Kindness</u> by Diane Alber		From saying please to sharing toys, your child will learn how to spread kindness in everyday situations at school and at home! Join a little SPOT on a journey as he SPOTS kindness and shows children a fun way to remember to be kind too!
We Feel Feelings in Our Bodies	<u>I Can Handle It!</u> by Laurie Wright		Positive self-talk is incredibly important for improving and maintaining mental health and the mindful mantra books are a way to plant that positivity right into a child's head! Your child will incorporate the positive thought <i>I Can Handle It</i> almost immediately after reading this book. In a tough situation, they will think 'I can handle it', and when they are dealing with tough emotions, they will think 'I CAN handle it!'.


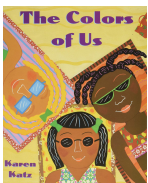

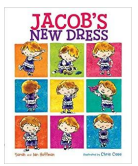
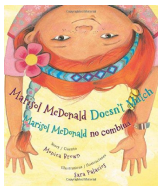
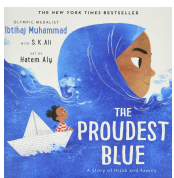
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Managing Frustration	<u>B is for Breathe: The ABCs of Coping with Frustrated Feelings</u> by Melissa Munro Boyd		From the letter A to the letter Z, B is for Breathe celebrates the many ways children can express their feelings and develop coping skills at an early age. Fun, cute, and exciting illustrations, this colorful book teaches kids simple ways to cope with fussy and frustrating emotions. This book will inspire kids to discuss their feelings, show positive behaviors, and practice calm down strategies.
Calming Down Strong Feelings	<u>Alphabreaths</u> by Christopher Willard		In <i>Alphabreaths</i> , children will learn their ABCs and the basics of mindfulness through playful breathing exercises. Breaths like Mountain Breath and Redwood Breath will connect them with nature, while breaths like Heart Breath and Wish Breath will help them remember to fill their heart with gratitude and send good wishes to others.
Handling Waiting	<u>A Little Spot of Patience</u> by Diane Alber		Is it possible to actually enjoy WAITING? This little SPOT of Patience will show you how! From waiting in line to waiting for glue to dry on your art project, you will see so many situations where you can actually learn how to make waiting FUN!
Managing Anger	<u>A Little Spot of Anger</u> by Diane Alber		It can be really hard to handle BIG Emotions, especially ANGER! Kids experience frustrating situations everyday, whether it's someone taking their toy or they feel like they can't do something. This story shows them that instead of yelling or stomping their feet, they can practice some fun ways to help them stay CALM.
Managing Disappointment	<u>What Should Danny Do?</u> By Ganit and Adir Levy		What Should Danny Do? is an innovative, interactive book that empowers kids with the understanding that their choices will shape their days, and ultimately their lives into what they will be. Written in a "Choose Your Own Story" style, the book follows Danny, a Superhero-in-Training, through his day as he encounters choices that kids face on a daily basis.
Inviting to Play	<u>Meesha Makes Friends</u> by Tom Percival		Meesha loves making things, but she finds it hard to make friends. She doesn't know quite what to do, what to say, or when to say it, and she struggles with responding to social cues. But one day, she discovers that she has a special talent that will help her navigate challenging social situations and make friends.
Fair Ways to Play	<u>I Don't Want to Be Nice</u> by Sue Graves		Finn is not very kind to his classmates, and he cares mostly about himself. He doesn't help Ahmed or Lily. He shoves Molly and Freddy on the playground. In soccer, he doesn't play fair. The children are mad at Finn. Then, when no one wants to play with him at recess, he feels sad and lonely. How will Finn find a way to make it all better? Ultimately, Finn's teacher helps him see that he can change his mean behavior and that kindness leads to friendship and fun.

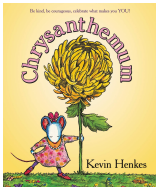
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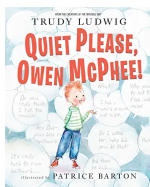
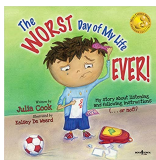

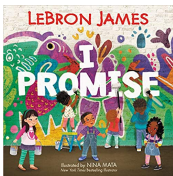
Working Together	<u>That Fruit is Mine!</u> by Anuska Allepuz		When five fruit-loving elephants spot a scrumptious hard-to-reach fruit high up in a tree, it's a race to see who can claim it first! But after one too many fumbles, the elephants begin to lose their cool, and the highly coveted fruit is whisked away by the teeny-tiniest of all jungle creatures—mice! The elephants soon realize they have a lot to learn from this cooperative little bunch.
Having Fun with Friends	<u>Not Fair, Won't Share</u> by Sue Graves		When Nora, Dan, and Henry have trouble sharing at school, they all end up feeling mad. With the help of their teacher, the friends learn that when kids get frustrated, there are ways to calm down, share, and play fairly.
Handling Name-Calling	<u>Felix Stands Tall</u> by Rosemary Wells		Felix has a new best friend! With take-charge Fiona, anything seems possible, and before Felix knows it, she sweeps him into singing and dancing with her as pixies in the Guinea Pig Jubilee talent show. But right after Felix's first-prize triumph, trouble waits in the wings. "Twinkletoes!" someone taunts, and Felix crumbles. Can he pull himself together and face down the bullies? With a little help from Fiona, can Felix find a magic key that unlocks the secret to standing up—to <i>anyone</i> ?

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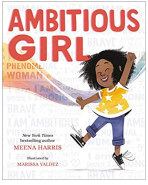
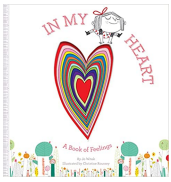
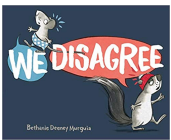

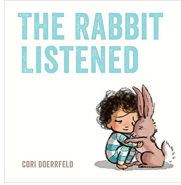
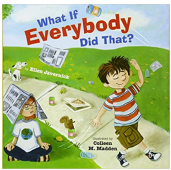
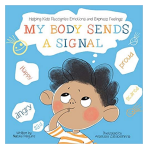
Grade 1			
Social Justice Lesson Focus	Title	Book Cover	Summaries Adapted from Goodreads & Amazon
IDENTITY I know and like who I am and can talk about my family and myself and name some of my group identities. (ID.K-2.1) I know that all my group identities are part of me—but that I am always ALL me. (ID.K-2.3)	<u>Your Name is a Song</u> by Jamilah Thompkins-Bigelow		Frustrated by a day full of teachers and classmates mispronouncing her beautiful name, a little girl tells her mother she never wants to come back to school. In response, the girl's mother teaches her about the musicality of African, Asian, Black-American, Latinx, and Middle Eastern names on their lyrical walk home through the city. Empowered by this newfound understanding, the young girl is ready to return the next day to share her knowledge with her class.
	<u>The Colors of Us</u> by Karen Katz		Seven-year-old Lena is going to paint a picture of herself. She wants to use brown paint for her skin. But when she and her mother take a walk through the neighborhood, Lena learns that brown comes in many different shades. Through the eyes of a little girl who begins to see her familiar world in a new way, this book celebrates the differences and similarities that connect all people.
	<u>Except When They Don't</u> by Laura Gehl		Children are often told by many different people about what toys they're supposed to play with, what interests they should have, and who they should be simply because of their gender. This stereotype-breaking book invites children to examine what they're told "boy" and "girl" activities are and encourages them to play with whatever they want to and to be exactly who they are!
	<u>Jacob's New Dress</u> by Sarah Hoffman		Jacob loves playing dress-up, when he can be anything he wants to be. Some kids at school say he can't wear "girl" clothes, but Jacob wants to wear a dress to school. Can he convince his parents to let him wear what he wants?
DIVERSITY I can describe some ways that I am similar to and different from people who share my identities and those who have other identities. (DI.K-2.7)	<u>Marisol McDonald Doesn't Match</u> by Monica Brown		Marisol McDonald has flaming red hair and nut-brown skin. Polka dots and stripes are her favorite combination. She prefers peanut butter and jelly burritos in her lunch box. And don't even think of asking her to choose one or the other activity during recess—she'll just be a soccer-playing pirate princess, thank you very much. To Marisol McDonald, these seemingly mismatched things make perfect sense together. But, they don't always make sense to everyone else. Try as she might, in a world where everyone tries to put this biracial, Peruvian-Scottish-American girl into a box, Marisol McDonald doesn't match. And that's just fine with her.
JUSTICE I know my friends have many identities, but they are always still just themselves. (JU.K-2.11) I know when people are treated unfairly. (JU.K-2.12)	<u>The Proudest Blue</u> by Ibtihaj Muhammad		With her new backpack and light-up shoes, Faizah knows the first day of school is going to be special. It's the start of a brand new year and, best of all, it's her older sister Asiya's first day of hijab--a hijab of beautiful blue fabric, like the ocean waving to the sky. But not everyone sees hijab as beautiful, and in the face of hurtful, confusing words, Faizah will find new ways to be strong.

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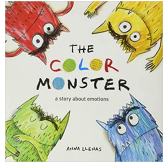
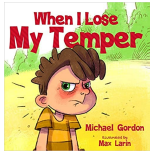
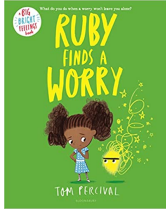

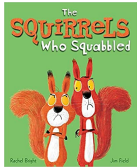
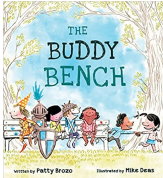
I know that life is easier for some people and harder for others and the reasons for that are not always fair. (JU.K-2.14)			
<p>ACTION I care about those who are treated unfairly. (AC.K-2.16)</p> <p>I can and will do something when I see unfairness—this includes telling an adult. (AC.K-2.17)</p> <p>I will speak up or do something if people are being unfair, even if my friends do not. (AC.K-2.19)</p> <p>I will join with classmates to make our classroom fair for everyone. (AC.K-2.20)</p>	<u>Chrysanthemum</u> by Kevin Henkes		Chrysanthemum thinks her name is absolutely perfect—until her first day of school. "You're named after a flower!" teases Victoria. "Let's smell her," says Jo. Chrysanthemum wilts. What will it take to make her blossom again?

Second Step Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
Note: Titles listed below are used as needed to reinforce/revisit Second Step lesson objectives.			
Learning to Listen	<u>Quiet Please, Owen McPhee</u> by Trudy Ludwig		Owen McPhee doesn't just like to talk, he LOVES to talk. He spends every waking minute chattering away at his teachers, his classmates, his parents, his dog, and even <i>himself</i> . But all that talking can get in the way of listening. And when Owen wakes up with a bad case of laryngitis, it gives him a much-needed opportunity to hear what others have to say.
Following Directions	<u>The Worst Day of My Life Ever</u> by Julia Cook		RJ has a rough day. He wakes up with gum stuck in his hair, misses recess because he's late to school, earns a zero on his math homework and messes up Mom's kitchen. With his mother's help, RJ learns that his problems happen because he doesn't listen or pay attention to directions.
Waiting Your Turn	<u>Waiting Is Not Easy</u> by Mo Willems		Gerald is careful. Piggie is not. Piggie cannot help smiling. Gerald can. Gerald worries so that Piggie does not have to. Gerald and Piggie are best friends. In <i>Waiting Is Not Easy!</i> , Piggie has a surprise for Gerald, but he is going to have to wait for it. And Wait. And wait some more...
Self-Talk for learning	<u>I Promise</u> by LeBron James		<i>I Promise</i> is a lively and inspiring picture book that reminds us that tomorrow's success starts with the promises we make to ourselves and our community today. Featuring James's upbeat, rhyming text and vibrant illustrations perfectly crafted for a diverse audience, this book has the power to inspire all children and families to be their best.

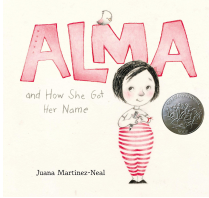
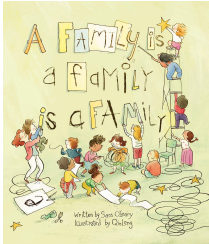
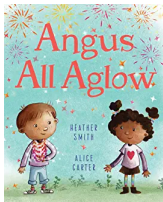
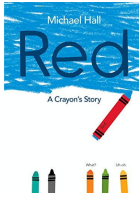
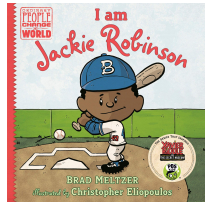
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Being Assertive	<u>Ambitious Girl</u> by Meena Harris		When a young girl sees a strong woman on TV labeled as "too assertive" and "too ambitious," it sends her on a journey of discovery through past, present, and future about the challenges faced by women and girls and the ways in which they can reframe, redefine, and reclaim words meant to knock them down.
Identifying Feelings	<u>In My Heart</u> by Jo Witek		Happiness, sadness, bravery, anger, shyness . . . our hearts can feel so many feelings! Some make us feel as light as a balloon, others as heavy as an elephant. <i>In My Heart</i> explores a full range of emotions, describing how they feel physically, inside, with language that is lyrical but also direct to empower readers to practice articulating and identifying their own emotions.
Similarities and Differences	<u>We Disagree</u> by Bethanie Deeney Murguia		Mouse likes figs. Squirrel prefers twigs. Mouse likes blue and polka dots. Squirrel likes red and does <i>not</i> like spots. It seems that they disagree on everything! Is there any way they can be friends, despite their differences?
Accidents	<u>Accident!</u> by Andrea Tsurumi		When a clumsy armadillo named Lola knocks over a glass pitcher, she sets off a silly chain of events, encountering chaos wherever she goes. But accidents happen—just ask the stoat snarled in spaghetti, the airborne sheep, and the bull who has broken a whole shop's worth of china...this charming, hilarious debut from author-illustrator Andrea Tsurumi shows that mistakes don't have to be the end of the world.
Showing Care and Concern	<u>The Rabbit Listened</u> by Cori Doerrfeld		When something sad happens, Taylor doesn't know where to turn. All the animals are sure they have the answer. The chicken wants to talk it out, but Taylor doesn't feel like chatting. The bear thinks Taylor should get angry, but that's not quite right either. One by one, the animals try to tell Taylor how to act, and one by one they fail to offer comfort. Then the rabbit arrives. All the rabbit does is listen . . . which is just what Taylor needs.
	<u>What If Everybody Did That</u> by Ellen Javernick		If you drop just one soda can out the window, it's no big deal ... right? But what if everybody did that? What if everybody broke the rules ... and spoke during story time, didn't wash up, or splashed too much at the pool? Then the world would be a mess. But what if everybody obeyed the rules so that the world would become a better place?
Identifying Your Own Feelings	<u>My Body Sends a Signal</u> by Natalia Maguire		This book will help you explain to kids that emotions, that is signals they get from their bodies, are linked to feelings. These feelings, whether positive or negative, are all perfectly fine, but they can be expressed differently.

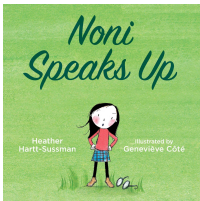
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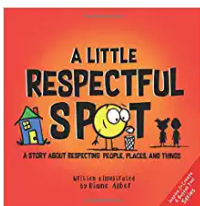
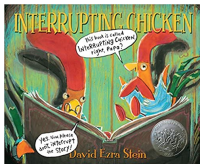

Strong Feelings	<u>The Color Monster</u> by Anna Llenas		One day, Color Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad, and scared all at once! To help him, a little girl shows him what each feeling means through color. As this adorable monster learns to sort and define his mixed up emotions, he gains self-awareness and peace as a result.
Calming Down Anger	<u>When I Lose My Temper</u> by Michael Gordon		Sometimes kids have big reactions to even the smallest problems. Here's a wonderful children's book to help kids explore their feelings and manage them in a positive way.
Managing Worry	<u>Ruby Finds a Worry</u> by Tom Percival		Meet Ruby -- a happy, curious, imaginative young girl. But one day, she finds something unexpected: a Worry. It's not such a big Worry, at first. But every day, it grows a little bigger . . . and a little bigger Until eventually, the Worry is ENORMOUS and is all she can think about. But when Ruby befriends a young boy, she discovers that <i>everyone</i> has worries, and not only that, there's a great way to get rid of them too . . . she just has to share her feelings.
Problem Solving	<u>The Most Magnificent Thing</u> by Ashley Spires		The girl has a wonderful idea. "She is going to make the most MAGNIFICENT thing! She knows just how it will look. She knows just how it will work. All she has to do is make it, and she makes things all the time. Easy-peasy!" But making her magnificent thing is anything but easy, and the girl tries and fails, repeatedly. Eventually, the girl gets really, really mad. She is so mad, in fact, that she quits. But after her dog convinces her to take a walk, she comes back to her project with renewed enthusiasm and manages to get it just right.
	<u>The Squirrels Who Squabbled</u> by Rachel Bright		Greedy squirrels Cyril and Bruce both have their sights on a very special prize: the last pinecone of the season. Uh-oh! The race is on! A laugh-out-loud tale about friendship and sharing.
Inviting to Join In	<u>The Buddy Bench</u> by Patty Brozo		A school playground can be a solitary place for a kid without playmates; in one survey, 80 percent of 8- to 10-year-old respondents described being lonely at some point during a school day. Patty Brozo's cast of kids brings a playground to raucous life, and Mike Deas's illustrations invest their games with imaginary planes to fly, dragons to tame, and elephants to ride. And these kids match their imaginations with empathy, identifying and swooping up the lonely among them.

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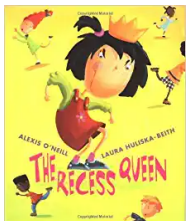
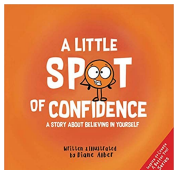
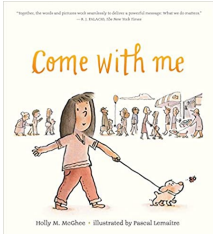


Grade 2			
Social Justice Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
<p>IDENTITY I can describe some ways that I am similar to and different from people who share my identities and those who have other identities. (DI.K-2.7)</p> <p>I want to know about other people and how our lives and experiences are the same and different. (DI.K-2.8)</p> <p>DIVERSITY I know and like who I am and can talk about my family and myself and name some of my group identities.(ID.K-2.1)</p> <p>I can talk about interesting and healthy ways that some people who share my group identities live their lives. (ID.K-2.2)</p> <p>I see that the way my family and I do things is both the same as and different from how other people do things, and I am interested in both. (IDK-2.2.5)</p>	<p><u>Alma and How She Got Her Name</u> by Juana Martinez-Neal</p>		<p>If you ask her, Alma Sofia Esperanza José Pura Candela has way too many names: six! How did such a small person wind up with such a large name? Alma turns to Daddy for an answer and learns of Sofia, the grandmother who loved books and flowers; Esperanza, the great-grandmother who longed to travel; José, the grandfather who was an artist; and other namesakes, too. As she hears the story of her name, Alma starts to think it might be a perfect fit after all — and realizes that <i>she</i> will one day have her own story to tell.</p>
	<p><u>A Family is a Family is a Family</u> by Sara O’Leary</p>		<p>When a teacher asks the children in her class to think about what makes their families special, the answers are all different in many ways — but the same in the one way that matters most of all. One child is worried that her family is just too different to explain, but listens as her classmates talk about what makes their families special. One is raised by a grandmother, and another has two dads. One is full of stepsiblings, and another has a new baby. As one by one, her classmates describe who they live with and who loves them — family of every shape, size and every kind of relation — the child realizes that as long as her family is full of caring people, her family is special.</p>
	<p><u>Angus All Aglow</u> by Heather Smith</p>		<p>Angus loves sparkly things, so much so that he can hear them. To Angus, shiny objects not only look beautiful; they also crackle, buzz and go whiz-bang-POP! His unique ability is lost, however, when Angus wears his grandma’s beaded necklace to school, and his classmates tease him for his atypical choice. Saddened by their laughter, Angus stops hearing the sparkle. <i>Angus All Aglow</i> reminds us that it only takes one kind gesture to restore your sparkle, and returning the kindness can make you glow from the inside out.</p>
	<p><u>Red: A Crayon’s Story</u> by Michael Hall</p>		<p>Red has a bright red label, but he is, in fact, blue. His teacher tries to help him be red (let’s draw strawberries!), his mother tries to help him be red by sending him out on a playdate with a yellow classmate (go draw a nice orange!), and the scissors try to help him be red by snipping his label so that he has room to breathe. But Red is miserable. He just can’t be red, no matter how hard he tries!</p>
<p>JUSTICE I know when people are treated unfairly. (JU.K-2.12)</p> <p>I know some true stories about how people have been treated badly because of their group identities, and I don’t like</p>	<p><u>I Am Jackie Robinson</u> by Brad Meltzer</p>		<p>Jackie Robinson always loved sports, especially baseball. But he lived at a time before the Civil Rights Movement, when the rules weren’t fair to African Americans. Even though Jackie was a great athlete, he wasn’t allowed on the best teams just because of the color of his skin. Jackie knew that sports were best when everyone, of every color, played together. He became the first Black player in Major League Baseball, and his bravery changed American history</p>

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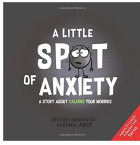

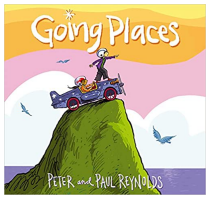
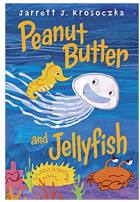
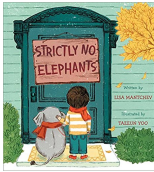
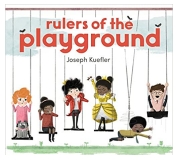
it. (JU.K-2.13) I know that life is easier for some people and harder for others and the reasons for that are not always fair. (JU.K-2.14)			and led the way to equality in all sports in America.
ACTION I care about those who are treated unfairly. (AC.K-2.16) I can and will do something when I see unfairness—this includes telling an adult. (AC.K-2.17) I will speak up or do something if people are being unfair, even if my friends do not. (AC.K-2.19) I will join with classmates to make our classroom fair for everyone. (AC.K-2.20)	<u>Noni Speaks Up</u> by Heather Hartt Sussman		Noni always tries to do the right thing. But she doesn't know how to help her classmate Hector, who is constantly bullied for his name, his size and his giant glasses. Noni stands by silently, afraid that the kids will turn on her if she speaks up. Yet "doing nothing" doesn't feel very good. Will Noni be brave enough to take matters into her own hands?

Second Step Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
Note: Titles listed below are used as needed to reinforce/revisit Second Step lesson objectives.			
Being Respectful	<u>A Little Respectful Spot</u> by Diane Alber		Join a cute little yellow SPOT as he shows all the different ways to be respectful to people, places and things. With fun illustrations your child will be able to see actual scenarios that your child is in everyday! From being polite, to respecting personal space and property, your child will have a clear understanding of what it means to be respectful and why it's so important.
Focusing Attention and Listening	<u>Interrupting Chicken</u> by David Ezra Stein		It's time for the little red chicken's bedtime story — and a reminder from Papa to try not to interrupt. But the chicken can't help herself! Whether the tale is Hansel and Gretel or <i>Little Red Riding Hood</i> or even <i>Chicken Little</i> , she jumps into the story to save its hapless characters. Now it's the little red chicken's turn to tell a story, but will her yawning papa make it to the end without his own kind of interrupting?
Being Assertive	<u>The Lion Inside</u> by Rachel Bright		Fed up of being ignored by the other animals, Mouse wishes he could roar like Lion. But, as he discovers, even the biggest, bossiest people are scared sometimes ... and even the smallest creatures can have the heart of a lion!




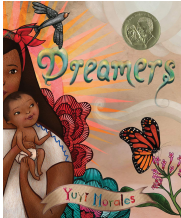
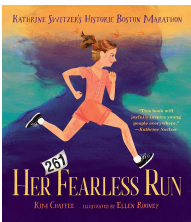
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Identifying Feelings and Introducing Emotion Management	<u>The Boy with Big, Big Feelings</u> by Britney Winn Lee		Meet a boy with feelings so big that they glow from his cheeks, spill out of his eyes, and jump up and down on his chest. When a loud truck drives by, he cries. When he hears a joke, he bursts with joy. When his loved ones are having a hard day, he feels their emotions as if they were his own. The boy tries to cope by stuffing down his feelings, but with a little help and artistic inspiration, the boy realizes his feelings are something to be celebrated.
Learning More About Feelings	<u>The Recess Queen</u> by Alexis O'Neill		Mean Jean was Recess Queen and nobody said any different. Nobody swung until Mean Jean swung. Nobody kicked until Mean Jean kicked. Nobody bounced until Mean Jean bounced. If kids ever crossed her, she'd push 'em and smooch 'em lollapaloosh 'em, hammer 'em, slammer 'em kitz and kajammer 'em. Until a new kid came to school! With her irrepressible spirit, the new girl dethrones the reigning recess bully by becoming her friend in this infectious playground romp.
Feeling Confident	<u>A Little Spot of Confidence</u> by Diane Alber		Confidence plays an important role in a child's future happiness, health, and success. Confident children are better equipped to deal with peer pressure, challenges and negative emotions. A little SPOT of Confidence is a story that uses an orange spot to help a child visualize their confidence spot growing or shrinking. It shows a child real world situations on how they can grow their confidence SPOT.
Showing Compassion	<u>Come With Me</u> by Holly McGhee		When the news reports are flooded with tales of hatred and fear, a girl asks her papa what she can do to make the world a better place. "Come with me," he says. Hand-in-hand, they walk to the subway, tipping their hats to those they meet. The next day, the girl asks her mama what she can do—her mama says, "Come with me," and together they set out for the grocery, because one person doesn't represent an entire race or the people of a land. After dinner that night, the little girl asks if she can do something of her own—walk the dog . . . and her parents let her go. "Come with me," the girl tells the boy across the hall. Walking together, one step at a time, the girl and the boy begin to see that as small and insignificant as their part may seem, it matters to the world.
Managing Embarrassment	<u>Even Superheroes Have Bad Days</u> by Shelly Becker		All kids have trouble getting a grip on their emotions, sometimes—even young superheroes! But what do they do when they're having a bad day? Colorful action-packed illustrations and a dynamite rhyming text reveal the many ways superheroes (and ordinary children, too) can resist the super-temptation to cause a scene when they're sad, mad, frustrated, lonely, or afraid.
Handling Making Mistakes	<u>The Girl Who Never Made Mistakes</u> by Mark Pett		Beatrice Bottomwell has NEVER (not once!) made a mistake. She never forgets her math homework, she never wears mismatched socks, and she ALWAYS wins the yearly talent show at school. In fact, the entire town calls her The Girl Who Never Makes Mistakes! One day, the inevitable happens: Beatrice makes a huge mistake in front of everyone! bBut in the end, readers (and perfectionists) will realize that life is more

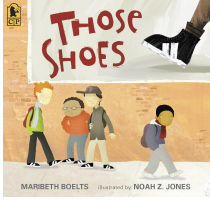
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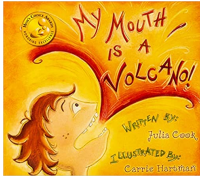

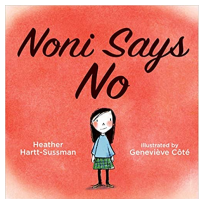
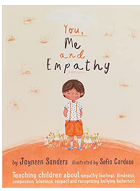
			fun when you enjoy everything—even the mistakes.
Managing Anxious Feelings	<u>A Little Spot of Anxiety</u> by Diane Alber		This story addresses how anxiety can affect all ages and how it can show up in all different situations. The Gray SPOT in the story creates a visual representation of Anxiety so that a child can see when it gets too big, and how to shrink it back to a Green PEACEFUL SPOT.
Managing Anger	<u>Allie All Along</u> by Sarah Lynne Reul		Have you ever felt mad enough to stomp, smash, and crash? Allie has! Meet one angry little girl and see how she calms down, bit by bit—with the help of her understanding big brother.
Solving Problems	<u>Going Places</u> by Paul A. Reynolds		It's time for this year's Going Places contest! Finally, time to build a go-cart, race it—and win. Each kid grabs an identical kit, and scrambles to build. Everyone but Maya. She sure doesn't seem to be in a hurry...and that sure doesn't look like anybody else's go-cart! But who said it <i>had</i> to be a go-cart? And who said there's only <i>one</i> way to cross the finish line?
Taking Responsibility	<u>Peanut Butter and Jellyfish</u> by Jarrett Krosoczka		Peanut Butter and Jellyfish are best of friends and swim up, down, around, and through their ocean home. Crabby is their neighbor. He is not their best friend. But when Crabby gets in trouble, will Peanut Butter and Jellyfish come to the rescue? You bet they will!
Responding to Playground Exclusion	<u>Strictly No Elephants</u> by Lisa Mantchev		Today is Pet Club day. There will be cats and dogs and fish, but <i>strictly no elephants</i> are allowed. The Pet Club doesn't understand that pets come in all shapes and sizes, just like friends. Now it is time for a boy and his tiny pet elephant to show them what it means to be a true friend.
Playing Fairly on the Playground	<u>Rulers of the Playground</u> by Joseph Kuefler		One morning, Jonah decided to become ruler of the playground. Everyone agreed to obey his rules to play in King Jonah's kingdom. Everyone except for Lennox . . . because she wanted to rule the playground, too.

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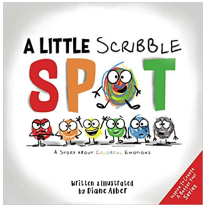
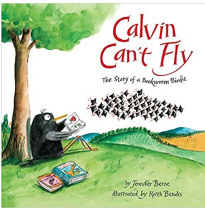
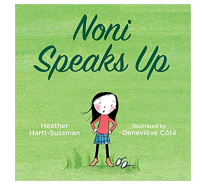
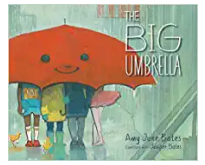
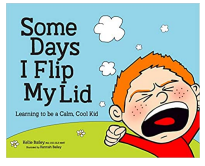

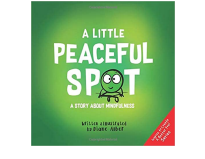
Grade 3			
Social Justice Lesson Focus	Title	Book Cover	Summaries Adapted from Goodreads & Amazon
<p>IDENTITY I know about my family history and culture and about current and past contributions of people in my main identity groups. (ID.3-5.2)</p> <p>I can feel good about my identity without making someone else feel badly about who they are. (ID.3-5.4)</p>	<p><u>Always Anjali</u> by Sheetal Sheth</p>		<p>Anjali and her friends are excited to get matching personalized license plates for their bikes. But Anjali can't find her name. To make matters worse, she gets bullied for her "different" name, and is so upset she demands to change it. When her parents refuse and she is forced to take matters into her own hands, she winds up learning to celebrate who she is and carry her name with pride and power.</p>
	<p><u>Mary Wears What She Wants</u> by Keith Negley</p>		<p>Once upon a time (but not <i>that</i> long ago), girls only wore dresses. And only boys wore pants. Until one day, a young girl named Mary had an idea: She would wear whatever she wanted. And she wanted to wear pants! This bold, original picture book encourages readers to think for themselves while gently challenging gender and societal norms.</p>
	<p><u>Ogilvy</u> by Deborah Underwood</p>		<p>When Ogilvy moves to a new town, the possibilities feel endless. There are so many new bunny friends and fun things to do together! But in this town, bunnies in dresses play ball and knit socks, and bunnies in sweaters make art and climb rocks. Ogilvy wants to do everything—and won't let a sweater or a dress get in the way.</p>
<p>DIVERSITY I want to know more about other people's lives and experiences, and I know how to ask questions respectfully and listen carefully and non-judgmentally. (DI.3-5.9)</p> <p>I feel connected to other people and know how to talk, work and play with others even when we are different or when we disagree. (DI.3-5.9)</p>	<p><u>Dreamers</u> by Yuyi Morales</p>		<p>This lovingly-illustrated picture book memoir looks at the myriad gifts migrantes bring with them when they leave their homes. It's a story about a family. And it's a story to remind us that we are all dreamers, bringing our own strengths wherever we roam. Beautiful and powerful at any time but given particular urgency as the status of our own Dreamers becomes uncertain, this is a story that is both topical and timeless.</p>
<p>JUSTICE I know when people are treated unfairly, and I can give examples of prejudiced words, pictures and rules. (JU.3-5.12)</p> <p>I know that words, behaviors and laws that treat people unfairly based on their group identities can cause real harm. (JU.3-5.13)</p> <p>I know about the actions of people and</p>	<p><u>Her Fearless Run</u> By Kim Chaffee</p>		<p>Kathrine Switzer changed the world of running. This narrative biography follows Kathrine from running laps as a girl in her backyard to becoming the first woman to run the Boston Marathon with official race numbers in 1967. Her inspirational true story is for anyone willing to challenge the rules.</p>

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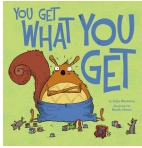
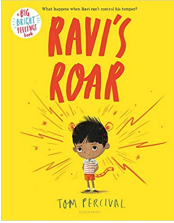
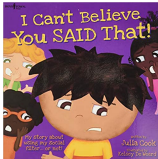

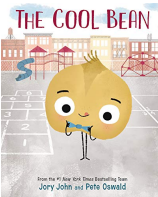
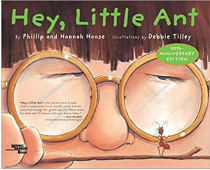
groups who have worked throughout history to bring more justice and fairness to the world. (JU 3-5.15)			
ACTION I pay attention to how people (including myself) are treated, and I try to treat others how I like to be treated. (AC 3-5.16)	<u>Those Shoes</u> by Maribeth Boelts		All Jeremy wants is a pair of those shoes, the ones everyone at school seems to be wearing. Though Jeremy's grandma says they don't have room for "want," just "need," when his old shoes fall apart at school, he is more determined than ever to have those shoes, even a thrift-shop pair that are much too small. But sore feet aren't much fun, and Jeremy soon sees that the things he has — warm boots, a loving grandma, and the chance to help a friend — are worth more than the things he wants.

Second Step Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
Note: Titles listed below are used as needed to reinforce/revisit Second Step lesson objectives.			
Being Respectful Learners	<u>My Mouth is a Volcano</u> by Julia Cook		Louis always interrupts! <i>All</i> of his thoughts are very important to him, and when he has something to say, his words rumble and grumble in his tummy, they wiggle and jiggle on his tongue and then they push on his teeth, right before he ERUPTS (or interrupts). His mouth is a volcano! But when others begin to interrupt Louis, he learns how to respectfully wait for his turn to talk.
Using Self-Talk	<u>I Am Enough</u> by Grace Byers		This gorgeous, lyrical ode to loving who you are, respecting others, and being kind to one another comes from <i>Empire</i> actor and activist Grace Byers and talented newcomer artist Keturah A. Bobo. <i>We are all here for a purpose. We are more than enough. We just need to believe it.</i>
Being Assertive	<u>Noni Says No</u> by Heather Hartt-Sussman		Noni can do many things: she can give her baby brother his bottle, she can help her mother in the kitchen, and she can even walk over to her friend Susie's house. But Noni just can't say "no." When she was very small, it was easy saying "no" to everybody, but now that she has a best friend, she wants to please. Noni can't say "no" to her friend, even when it means she has to hand over a precious toy, or when it means agreeing to a hideous haircut, or even giving up her bed at a sleepover. But when Noni finally finds her voice, the consequences are not what she – or the reader – expects.
Understanding Perspectives	<u>You, Me and Empathy</u> by Jayneen Sanders		This charming story uses verse, beautiful illustrations and a little person called Quinn to model the meaning of empathy. Throughout the story, Quinn shows an abundance of understanding, compassion and kindness towards others. Showing empathy towards others is a learnt trait, and one to nurture and cherish with the children in our care.

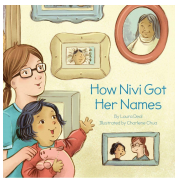
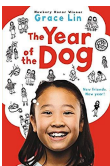
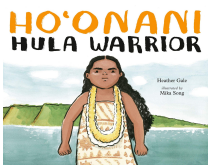
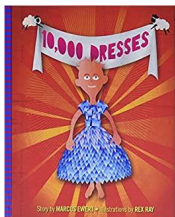
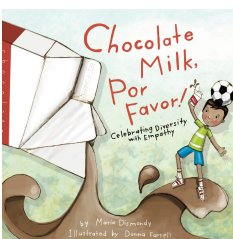
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Conflicting Feelings	<u>A Little Scribble Spot</u> by Diane Alber		A fun colorful story to help a child easily identify their emotions through color. One day Scribble SPOT isn't feeling very well, he is all tangled with emotions. He feels angry, happy, sad, peaceful, confident, and love all at the same time. A little boy and girl guide him through how to separate his emotions so they can be easily identified and managed. He becomes mindful of his feelings and becomes happy as a result.
Accepting Differences	<u>Calvin Can't Fly: The Story of a Bookworm Birdie</u> by Jennifer Berne		Calvin is one unusual starling! While his siblings and cousins learn to fly, this rare bird lets his imagination soar while reading about pirates, dinosaurs, and other fascinating things. The other birds call him "geeky beaky," but Calvin just ruffles his feathers and buries his beak in a book. Yet, when it comes time to migrate, poor Calvin suddenly realizes he can't fly! His sisters, brothers, and cousins carry him into the air. But on their way south, the winds blow hard, the trees bend, and the air starts to smell strange. It's a hurricane, and only Calvin can save the day—because he has read all about it!
Showing Compassion	<u>Noni Speaks Up</u> by Heather Hartt-Sussman		Noni always tries to do the right thing. But she doesn't know how to help her classmate Hector, who is constantly bullied for his name, his size and his giant glasses. Noni stands by silently, afraid that the kids will turn on her if she speaks up. Yet "doing nothing" doesn't feel very good. Will Noni be brave enough to take matters into her own hands?
Making Friends	<u>The Big Umbrella</u> by Amy June Bates		By the door there is an umbrella. It is big. It is so big that when it starts to rain there is room for <i>everyone</i> underneath. It doesn't matter if you are tall. Or plaid. Or hairy. It doesn't matter how many legs you have. Don't worry that there won't be enough room under the umbrella. Because there will always be room.
Introducing Emotion Management	<u>Some Days I Flip My Lid: Learning to be a Calm Cool Kid</u> by Kellie Doyle Bailey		<i>Some Days I Flip My Lid</i> follows third-grader Max as he develops self-awareness of his emotions by learning Mindfulness techniques called MINDFUL BREATHING and BREATHING ON PURPOSE. At school, on the playground and at home, Max develops skills not to flip his lid when he is scared, worried, sad or upset.
Managing Test Anxiety	<u>Listening to My Body</u> by Gabi Garcia		<i>Listening to my Body</i> is an engaging and interactive book that guides children through the practice of naming their feelings and the physical sensations that accompany them. Learning to tune into their bodies and do this, is a foundation for self-regulation.
Handling Accusations	<u>A Little Peaceful Spot</u> by Diane Alber		When the world feels overwhelming, find your PEACEFUL SPOT with this mindful story! Learn how to identify your emotions and bring them to your CALM, PEACEFUL SPOT.

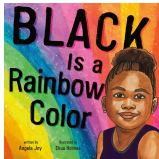

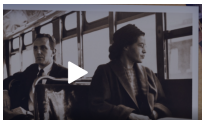

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Managing Disappointment	<u>You Get What You Get</u> by Julie Gassman		Melvin throws fit after fit when he doesn't get what he wants. He must learn how to deal with disappointment. After all, you get what you get and you don't throw a fit.
Managing Anger	<u>Ravi's Roar</u> by Tom Percival		Ravi never minded being the smallest in his family. Until one day, his short arms can't reach the monkey bars, he can't find anyone during hide-and-seek, AND he's too little to ride the big slide. Ravi is so mad -- so <i>furious</i> -- that he can't control his temper anymore . . . and he turns into a ferocious, roaring <i>TIGER</i> ! While we all get angry sometimes, <i>Ravi's Roar</i> shows some good ways to channel those emotions to avoid hurting family and friends.
Managing Hurt Feelings	<u>I Can't Believe You Said That</u> by Julia Cook		There's hardly ANYTHING worse in Gabe's eyes than having to wait.
Problem Solving	<u>What Do You Do With a Problem?</u> by Yamada		This is the story of a persistent problem and the child who isn't so sure what to make of it. The longer the problem is avoided, the bigger it seems to get. But when the child finally musters up the courage to face it, the problem turns out to be something quite different than it appeared.
Solving Peer Exclusion Problems	<u>The Cool Bean</u> by Jory John		Everyone knows the cool beans. They're <i>sooooo</i> cool. And then there's the uncool <i>has-bean</i> . . . Always on the sidelines, one bean unsuccessfully tries everything he can to fit in with the crowd—until one day the cool beans show him how it's done.
Dealing with Negative Peer Pressure	<u>Hey, Little Ant</u> by Phillip Hoose		What would you do if the ant you were about to step on looked up and started talking? Would you stop and listen? That's what happens in this funny, thought-provoking book. Originally a song by a father-daughter team, this surprising conversation between a tiny ant and a little girl is bound to inspire important discussions about caring, kindness and respect for both animals and humans.

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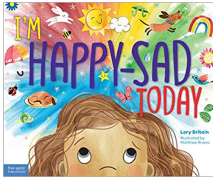

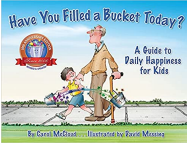
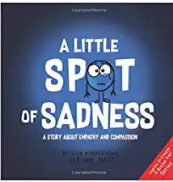
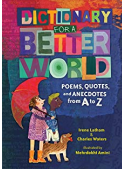
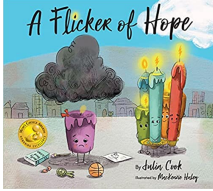
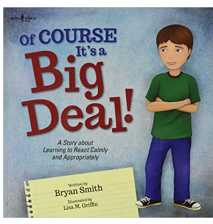
Grade 4			
Social Justice Lesson Focus	Title	Book Cover	Summaries Adapted from Goodreads & Amazon
<p>IDENTITY I know that all my group identities are part of who I am, but none of them fully describes me and this is true for other people too. (ID.3-5.3)</p> <p>I can feel good about my identity without making someone else feel badly about who they are. (D.3-5.4)</p> <p>I want to know more about other people's lives and experiences, and I know how to ask questions respectfully and listen carefully and non-judgmentally. (DI.3-5.8)</p>	<p><u>How Nivi Got Her Names</u> by Laura Deal</p>		<p>Nivi has always known that her names were special, but she doesn't know where they came from. So, one sunny afternoon, Nivi decides to ask her mom how she got her name. The stories of the people Nivi is named after lead her to an understanding of traditional Inuit naming practices and knowledge of what those practices mean to Inuit.</p>
	<p><u>Year of the Dog</u> by Grace Lin</p>		<p>When Pacy's mom tells her that this is a good year for friends, family, and "finding herself," Pacy begins searching right away. As the year goes on, she struggles to find her talent, deals with disappointment, makes a new best friend, and discovers just why the Year of the Dog is a lucky one for her after all.</p>
	<p><u>Ho'onani Hula Warrior</u> by Heather Gale</p>		<p>Ho'onani feels in-between. She doesn't see herself as <i>wahine</i> (girl) OR <i>kane</i> (boy). She's happy to be in the middle. But not everyone sees it that way. When Ho'onani finds out that there will be a school performance of a traditional kane hula chant, she wants to be part of it. But can a girl really lead the all-male troupe? Ho'onani has to try . . .</p>
<p>DIVERSITY I have accurate, respectful words to describe how I am similar to and different from people who share my identities and those who have other identities. (DI.3-5.7)</p> <p>I want to know more about other people's lives and experiences, and I know how to ask questions respectfully and listen carefully and non-judgmentally (DI.3-5.8)</p>	<p><u>10,000 Dresses</u> by Marcus Ewert</p>		<p>Every night, Bailey dreams about magical dresses: dresses made of crystals and rainbows, dresses made of flowers, dresses made of windows. . . Unfortunately, when Bailey's awake, no one wants to hear about these beautiful dreams. Quite the contrary. "You're a BOY!" Mother and Father tell Bailey. "You shouldn't be thinking about dresses at all." Then Bailey meets Laurel, an older girl who is touched and inspired by Bailey's imagination and courage. In friendship, the two of them begin making dresses together. And Bailey's dreams come true!</p>
	<p><u>Chocolate Milk, Por Favor</u> by Maria Dismondy</p>		<p>While the other kids happily bound into the classroom, Gabe stands with his mother outside the door, timid and unsure about walking into school. That's because Gabe is the new kid at school and he doesn't speak English. Gabe is from another country. With English as a second language, starting school felt scary and intimidating. How would he know what to do? What would the other kids think? The teacher goes out of her way to make Gabe feel welcome and encourages the other kids to celebrate diversity with empathy.</p>

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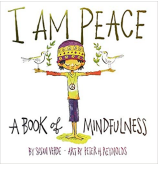
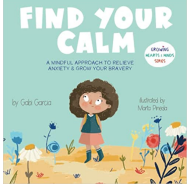
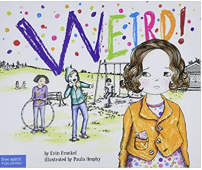
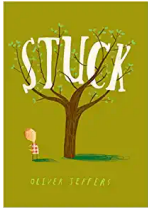
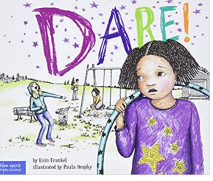

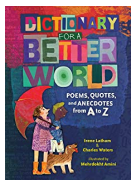
<p>JUSTICE I know that words, behaviors, rules and laws that treat people unfairly based on their group identities cause real harm. (JU3-5.13)</p> <p>I know about the actions of people and groups who have worked throughout history to bring more justice and fairness to the world. (JU 3-5.15)</p>	<p><u>Black is a Rainbow Color</u> by Angela Joy</p>		<p>A child reflects on the meaning of being Black in this moving and powerful anthem about a people, a culture, a history, and a legacy that lives on.</p>
	<p><u>Rosa Parks</u> by Kristin Kemp</p>		<p>Rosa Parks was an amazing woman. She stood up for herself and for her beliefs. One day, Parks refused to give up her seat to a white man on a bus. Her actions helped spark the civil rights movement. Today, people have more freedom in America because of her actions.</p>
<p>ACTION I pay attention to how people (including myself) are treated, and I try to treat others how I like to be treated. (AC3-5.16)</p> <p>I know it's important to stand up for myself and for others, and I know how to get help if I need ideas on how to do this. (AC3-5.17)</p>	<p><u>Rosa Parks Activist Video</u></p>		<p>After the Civil War and through the Civil Rights era of the 1950s, racial segregation laws made life for many African Americans extremely difficult. Rosa Parks—long-standing civil rights activist and author—is best known for her refusal to give up her seat to a white bus passenger, sparking the Montgomery Bus Boycott.</p>
	<p><u>"Talking Gets Us There"</u> by Amanda Gorman</p>		<p>Inaugural poet, Amanda Gorman, shares her inspirational poem. This poem allows children to engage in ongoing conversations about race and racism in an age appropriate way.</p>

Second Step Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
Note: Titles listed below are used as needed to reinforce/revisit Second Step lesson objectives.			
Empathy and Respect and Respecting Similarities and Differences	<u>The Boy Who Grew Flowers</u> by Jen Wojtowicz		<p>Rink is a very unusual boy who grows beautiful flowers all over his body whenever the moon is full. Rink and his family are treated as outcasts even though no one knows his strange botanical secret. But one day a new girl arrives at school, and Rink discovers she has some unique qualities of her own.</p>
Listening with Attention	<u>Wordy Birdy</u> by Tammi Sauer		<p>Wordy Birdy LOVES to talk. "Hello, sunrise. Hello, pink sky. Hello, orange sky!" But does she love to listen? NOPE. One day, while she's walking through the forest, her gift of the gab gets her into hot water: "That's a pretty tree and that's a pretty tree and that's a pretty danger sign and that's a pretty tree. . . ." Will this inattentive bird walk right into danger? Will her faraway thoughts lead her along a path of doom? It's up to her long-suffering, heard-it-all-before pals Squirrel, Raccoon, and Rabbit to save their friend.</p>
Being Assertive	<u>The Good Egg</u> by Jory John		<p>Meet the good egg. He's a <i>verrrrrrry</i> good egg indeed. But trying to be so good is hard when everyone else is plain ol' rotten. As the other eggs in the dozen behave badly, the good egg starts to crack from all the pressure of feeling like he has to be perfect. So, he decides enough is enough! It's time for him to make a change...</p>


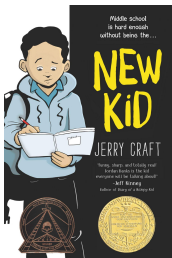


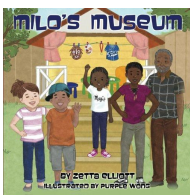
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Understanding Complex Feelings	<u>I'm Happy-Sad Today: Making Sense of Mixed Together Feelings</u> by Lory Britain		Happy, and also sad. Excited, but nervous too. Feeling friendly, with a little shyness mixed in. Mixed feelings are natural, but they can be confusing. There are different kinds of happy-the quiet kind and the “noisy, giggly, jump and run” kind. And there are conflicting feelings, like proud and jealous, frustrated and determined. With gentle messaging and charming illustrations, a little girl talks about her feelings.
Understanding Different Perspectives	<u>A Tale of Two Beasts</u> by Fiona Robertson		When a little girl rescues a strange beast from the woods, she takes him home. But for some reason, the little beast is not happy! There are two sides to every story, and this funny and charming tale is no exception.
Conversations and Compliments	<u>Have you Filled a Bucket Today?: A Guide to Daily Happiness for Kids</u> by Carol McCloud		This heartwarming book encourages positive behavior by using the concept of an invisible bucket to show children how easy and rewarding it is to express kindness, appreciation, and love by “filling buckets.”
Showing Compassion	<u>A Little Spot of Sadness</u> by Diane Alber		Sadness happens for many reasons. It can happen when a child misses a loved one, loses a favorite toy or gets hurt. This story shows a child how to visualize their sadness as a SADNESS SPOT so that they can control it better. It walks them through several situations and offers guidance on how to help manage a SADNESS SPOT when it gets TOO BIG or stays for TOO LONG.
Joining In	<u>A Dictionary for a Better World</u> (Belonging Poem) by Irene Latham		This inspiring resource is organized as a dictionary; each entry presents a word related to creating a better world, such as <i>ally</i> , <i>empathy</i> , or <i>respect</i> . For each word, there is a poem, a quote from an inspiring person, a personal anecdote from the authors, and a “try it” prompt for an activity.
Introducing Emotion Management	<u>A Flicker of Hope</u> by Julia Cook		Bad grades, blasted on social media, worried about making the team, and wondering who her real friends are so many hard things to deal with! All Little Candle can see is darkness. But her story begins to change when someone notices she needs a boost of hope. As Little Candle is reminded she has purpose and her own unique gifts, and that she isn't the only one with dark clouds, her dim light begins to shine brighter.
Managing Strong Feelings	<u>Of Course It's a Big Deal</u> by Bryan Smith		Braden brings the drama to every minor misunderstanding and annoyance in his life! What was supposed to be a carefree afternoon of go-kart racing and putt-putt golfing quickly turns sour when Braden shouts and pouts about the rules. When homework interferes with Braden's plans, he overreacts again, and makes things even more difficult on himself. But Mom and Dad are there to teach Braden the best way to react calmly.

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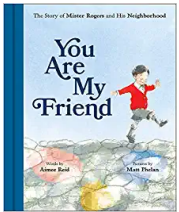
Calming Down Anger	<u>I am Peace</u> by Peter Reynolds		Mindfulness means being fully in the present moment. Children can learn how to manage their emotions, make good choices, and balance their busy lives by learning to be mindful, express emotions through speech, find empathy through imagination, and wonder at the beauty of the natural world.
Managing Anxiety	<u>Find Your Calm: A Mindful Approach to Relieve Your Anxiety and Find Bravery</u> by Gabby Garcia		<i>Find Your Calm</i> is a wonderfully accessible book that teaches children how to tap into their sense of safety when anxiety sends a false alarm, so they can find their calm.
Handling Put Downs	<u>Weird!</u> by Erin Frankle		Luisa is repeatedly teased and called "weird" by her classmate Sam, even though she is simply being herself—laughing with her friends, answering questions in class, greeting her father in Spanish, and wearing her favorite polka-dot boots. Luisa initially reacts to the bullying by withdrawing and hiding her colorful nature. But with the support of her teachers, parents, classmates, and one special friend named Jayla, she is able to reclaim her color and resist Sam's put-downs.
Making a Plan	<u>Stuck</u> by Erin Frankle		When Floyd's kite gets stuck in a tree, he's determined to get it out. But how? Well, by knocking it down with his shoe, of course. But strangely enough, it too gets stuck. And the only logical course of action . . . is to throw his other shoe. Only now it's stuck! Surely there must be something he can use to get his kite unstuck. An orangutan? A boat? His front door? Yes, yes, and yes. And that's only the beginning.
Solving Playground Problems	<u>Dare!</u> and <u>Tough!</u> by Erin Frankle		Jayla feels threatened by her classmate Sam who has bullied her in the past for her nerdy love of astronomy and stars. Sam is now bullying Jayla's friend Luisa and she enlists Jayla to participate. Jayla reluctantly joins in but soon realizes it is wrong. With the help of caring adults and friends Jayla comes to sympathize with Luisa and finds the courage to dare to stand up to Sam and put an end to the bullying.
Taking Responsibility for Your Actions	<u>But It's Not My Fault</u> by Julia Cook		Elementary school kids will identify with Noodle as he makes one excuse after another for his behavior and choices that lead to unwanted consequences. It just isn't his fault that his brother's game ran late, and he didn't finish his homework. Or that his mom forgot to remind him to turn in his library book. By learning to accept responsibility he finds instead how to use mistakes as opportunities for problem-solving and to turn negatives into positives.
Dealing with Peer Pressure	<u>A Dictionary for a Better World</u> (Ally Poem) by Irene Latham		This inspiring resource is organized as a dictionary; each entry presents a word related to creating a better world, such as <i>ally</i> , <i>empathy</i> , or <i>respect</i> . For each word, there is a poem, a quote from an inspiring person, a personal anecdote from the authors, and a "try it" prompt for an activity.

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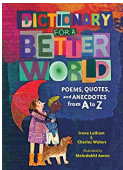
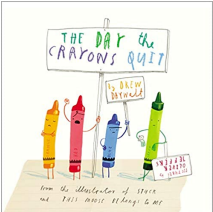
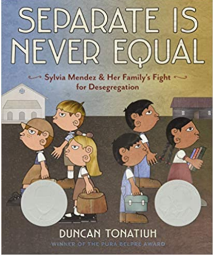


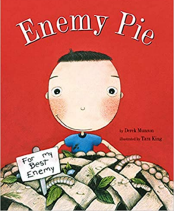
Grade 5			
Social Justice Lesson Focus	Title	Book Cover	Summaries Adapted from Goodreads & Amazon
<p>IDENTITY I know that all my group identities are part of who I am, but none of them fully describes me and this is true for other people too. (ID.3-5.3)</p> <p>I can feel good about my identity without making someone else feel badly about who they are. (ID.3-5.4)</p> <p>I know my family and I do things the same as and different from other people and groups, and I know how to use what I learn from home, school and other places that matter to me. (ID.3-5.5)</p>	<p><u>Teach Us Your Name</u> by Huda Essa</p>		<p>Embracing the diversity of our names is one of the first steps we can take to show our appreciation of diversity and inclusion. Everyone has a name and every name has a story. Teach Us Your Name focuses on the many stories and ways we can all connect by helping children take pride in their many identities and to utilize the opportunity to learn from others.</p>
	<p><u>New Kid</u> by Jerry Craft</p>		<p>Seventh grader Jordan Banks loves nothing more than drawing cartoons about his life. But instead of sending him to the art school of his dreams, his parents enroll him in a prestigious private school known for its academics, where Jordan is one of the few kids of color in his entire grade. As he makes the daily trip from his Washington Heights apartment to the upscale Riverdale Academy Day School, Jordan soon finds himself torn between two worlds—and not really fitting into either one. Can Jordan learn to navigate his new school culture while keeping his neighborhood friends and staying true to himself?</p>
	<p><u>I Am Jazz</u> by Jessica Herthel</p>		<p>From the time she was two years old, Jazz knew that she had a girl's brain in a boy's body. She loved pink and dressing up as a mermaid and didn't feel like herself in boys' clothing.</p>
	<p><u>It Feels Good to be Yourself</u> by Theresa Thorn</p>		<p>Some people are boys. Some people are girls. Some people are both, neither, or somewhere in between. This sweet, straightforward exploration of gender identity will give children a fuller understanding of themselves and others. With child-friendly language and vibrant art, <i>It Feels Good to Be Yourself</i> provides young readers and parents alike with the vocabulary to discuss this important topic with sensitivity.</p>
<p>DIVERSITY Students will examine diversity in social, cultural, political and historical contexts rather than in ways that are superficial or oversimplified. (DI 3-5.10)</p> <p>Students will respectfully express curiosity about the history and lived experiences of others and will exchange ideas and beliefs in an open-minded way. (DI.3-5.8)</p>	<p><u>Milo's Museum</u> By Zetta Elliott</p>		<p>Milo is excited about her class trip to the museum. The docent leads them on a tour and afterward Milo has time to look around on her own. But something doesn't feel right, and Milo gradually realizes that the people from her community are missing from the museum. When her aunt urges her to find a solution, Milo takes matters into her own hands and opens her own museum!</p>

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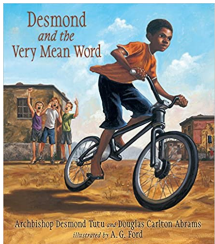
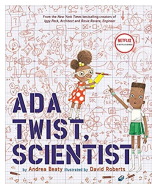


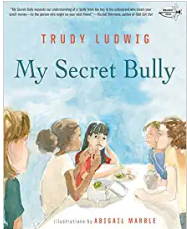

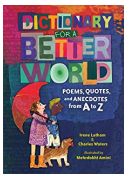
<p>JUSTICE I try to get to know people as individuals because I know it is unfair to think that all people in a shared identity group are the same. (JU.3-5.11)</p> <p>I know that life is easier for some people and harder for others based on who they are and where they were born. (JU.3-5.1)</p> <p>I know when people are treated unfairly and I can give examples of prejudiced words, pictures and rules. (JU.3-5.12)</p> <p>I know about the actions of people and groups who have worked throughout history to bring more justice and fairness to the world. (JU 3-5.15)</p>	<p><u>Not So Different: What You Really Want to Ask About Having a Disability</u> By Shane Burcaw</p> <p><i>Note:</i> Lesson plan also includes StoryCorps audio files from students with disabilities and friends/family.</p>		<p>Shane Burcaw was born with a rare disease called spinal muscular atrophy, which hinders his muscles' growth. As a result, his body hasn't grown bigger and stronger as he's gotten older—it's gotten smaller and weaker instead. This hasn't stopped him from doing the things he enjoys (like eating pizza and playing sports and video games) with the people he loves, but it does mean that he routinely relies on his friends and family for help with everything from brushing his teeth to rolling over in bed.</p>
<p>ACTION I pay attention to how people (including myself) are treated, and I try to treat others how I like to be treated. (AC3-5.16)</p> <p>I work with my friends and family to make our school and community fair for everyone, and we will work hard and cooperate in order to achieve our goals. (AC3-5.20)</p>	<p><u>Each Kindness</u> By Jacqueline Woodson</p>		<p>Chloe and her friends won't play with the new girl, Maya. Every time Maya tries to join Chloe and her friends, they reject her. Eventually Maya stops coming to school. When Chloe's teacher gives a lesson about how even small acts of kindness can change the world, Chloe is stung by the lost opportunity for friendship, and thinks about how much better it could have been if she'd shown a little kindness toward Maya.</p>

Second Step Lesson Focus	Title	Book Cover	Summaries Adapted from Amazon
Note: Titles listed below are used as needed to reinforce/revisit Second Step lesson objectives.			
Empathy and Respect	<p><u>You Are My Friend: The Story of Mister Rogers and His Neighborhood</u> by Aimee Reid</p>		<p>Though he was often sick and had trouble making friends as a child, his mom and grandfather encouraged him to ask for help and explore the world. With their support, he learned how to better say what he was feeling and see the beauty around him. As he grew up, he realized he could spread the message of compassion, equality, and kindness through television. You Are My Friend is a gentle homage to Fred Rogers and shows how his simple message still resonates with us today: "There's no person in the world like you and I like you just the way you are."</p>

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Listening with Attention	<u>A Dictionary for a Better World</u> (Listen or Voice Poems) by Irene Latham		This inspiring resource is organized as a dictionary; each entry presents a word related to creating a better world, such as <i>ally</i> , <i>empathy</i> , or <i>respect</i> . For each word, there is a poem, a quote from an inspiring person, a personal anecdote from the authors, and a "try it" prompt for an activity.
Being Assertive	<u>The Day the Crayons Quit</u> by Drew Daywalt		Poor Duncan just wants to color. But when he opens his box of crayons, he finds only letters, all saying the same thing: His crayons have had enough! They quit! Blue crayon needs a break from coloring all those bodies of water. Black crayon wants to be used for more than just outlining. And Orange and Yellow are no longer speaking—each believes he is the true color of the sun. What can Duncan possibly do to appease all of the crayons and get them back to doing what they do best?
Disagreeing Respectfully	<u>Separate Is Never Equal</u> by Duncan Tonatiuh		When her family moved to the town of Westminster, California, young Sylvia Mendez was excited about enrolling in her neighborhood school. But she and her brothers were turned away and told they had to attend the Mexican school instead. Sylvia could not understand why—she was an American citizen who spoke perfect English. Why were the children of Mexican families forced to attend a separate school? Unable to get a satisfactory answer from the school board, the Mendez family decided to take matters into its own hands and organize a lawsuit.
Introducing Emotion Management	<u>Sweep</u> by Louise Greig and Julia Sarda		Ed's bad mood begins as something really small, hardly a thing at all. But before long it grows, gathers pace, and spreads through the whole town. Can Ed sweep his troubles away?
Managing Anxiety	<u>Wilma Jean the Worry Machine</u> by Julia Cook		This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. It offers creative strategies for parents and teachers to use that can lessen the severity of anxiety. The goal of the book is to give children the tools needed to feel more in control of their anxiety. For those worries that are not in anyone's control (i.e. the weather) a worry hat is introduced. A fun read for Wilmas of all ages!
Resisting Revenge	<u>Enemy Pie</u> by Derek Munson		Teach kindness, courtesy, respect, and friendship: It was the perfect summer. That is, until Jeremy Ross moved into the house down the street and became neighborhood enemy number one. Luckily Dad had a surefire way to get rid of enemies: Enemy Pie. But part of the secret recipe is spending an entire day playing with the enemy! In this funny yet endearing story one little boy learns an effective recipe for turning a best enemy into a best friend.

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Handling Put Downs	<u>Desmond and the Very Mean Word</u> by Tutu		When Desmond takes his new bicycle out for a ride through his neighborhood, his pride and joy turn to hurt and anger when a group of boys shout a very mean word at him. He first responds by shouting an insult, but soon discovers that fighting back with mean words doesn't make him feel any better. With the help of kindly Father Trevor, Desmond comes to understand his conflicted feelings and see that all people deserve compassion, whether or not they say they are sorry.
Solving Problems	<u>Ada Twist Scientist</u> by Beaty		Ada Twist's head is full of questions. Like her classmates Iggy and Rosie, Ada has always been endlessly curious. But when her fact-finding missions and elaborate scientific experiments go too far, her frazzled parents banish her to the Thinking Chair. Will all that thinking change Ada's mind?
	<u>A Dictionary for a Better World</u> (Reach Poem) by Irene Latham		This inspiring resource is organized as a dictionary; each entry presents a word related to creating a better world, such as <i>ally</i> , <i>empathy</i> , or <i>respect</i> . For each word, there is a poem, a quote from an inspiring person, a personal anecdote from the authors, and a "try it" prompt for an activity.
Making a Plan	<u>After the Fall</u> by Dan Sandat		Everyone knows that when Humpty Dumpty sat on a wall, Humpty Dumpty had a great fall. But what happened <i>after</i> ? Caldecott Medalist Dan Santat's poignant tale follows Humpty Dumpty, an avid bird watcher whose favorite place to be is high up on the city wall—that is, until <i>after</i> his famous fall. Now terrified of heights, Humpty can no longer do many of the things he loves most.
Seeking Help	<u>My Secret Bully</u> by Trudy Ludwig		Here is the all-too-familiar story of Monica. She and Katie have been friends since kindergarten. Monica loves being around her when she's nice. But there are times when Katie can be just plain mean. And Monica doesn't understand why. Monica is a target of relational aggression, emotional bullying among friends who will use name-calling and manipulation to humiliate and exclude. But with a little help from a supportive adult—her mother—Monica learns to cope and thrive by facing her fears and reclaiming power from her bully.
Dealing with Gossip	<u>Rumor Has It...</u> by Julia Cook		Rumor has it... that the girls have a couch in their bathroom. And they sometimes take naps in there. AND GUESS WHAT ELSE? Rumor has it... they have a TV and play video games in there, too! Whether we've been the subject of a rumor or the one spreading a rumor about someone else, most of us have been involved with rumors somehow. But how many people really stop to think about the damaging effects?
Dealing with Peer Pressure	<u>A Dictionary for a Better World</u> (Upstander Poem) by Irene Latham		This inspiring resource is organized as a dictionary; each entry presents a word related to creating a better world, such as <i>ally</i> , <i>empathy</i> , or <i>respect</i> . For each word, there is a poem, a quote from an inspiring person, a personal anecdote from the authors, and a "try it" prompt for an activity.